

Building Elite Performance Culture

Know, breathe, live elite performance

FORMAT

Flexible [in person | virtual | mixed]

DURATION

2 hours | Half day | Full day

AUDIENCE

- Leaders, Professionals, & Athletes
- Teams & Staff Cohorts

CONTACT US

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[LinkedIn](#)

2x

more productive and innovative
when teams are led in
neuroinclusive environments
(McKinsey 2024)



OVERVIEW

Our performance as a team and organisation are accelerated, or have the handbrakes pulled, through the 6 levers of human performance. Building and driving a team culture that emphasises Humanity, Psychological Safety, Meaning, Problem Solving & Adaptation, Relationships and Interactions, and Environment & Systems, bakes elite performance directly into your actions every single day.

Beyond simply understanding 'culture' and how to take control of it over time, this workshop takes the fundamentals of culture assessment and change and provides a clear framework and pathway to deliberate and meaningful change in the way that we behave and perform every day, individually and collectively. When we are all headed to the same lantern at the top of the hill, in the same performance-oriented manner, elite performance and thriving are effortless - "that's just what we do".

WHAT YOU'LL GAIN

- Working, practical knowledge of culture, the 6 levers of human performance, and how these levers can show up in our culture
- A framework to understand and guide your decisions and communication when deliberately and mindfully leading your team to build a performance of elite and sustainable performance, and thriving with your team in any environment

RESOURCES & SUPPORT

- Personalised leadership & culture map - 'what does elite performance look like in practice for us, and in which ways does this show up practically in our culture?
- 'Ongoing access to eyeYou resources, personalised and curated for your team, to guide specific concrete processes (challenging conversation guides, cheat sheets and formats for conducting effective one-on-ones, integrating our performance culture plans into our business strategy, people strategy etc)

KEY OUTCOMES

- Leadership and culture and a climate in the workplace that understands and accepts the human condition, and how we can be supported to perform best
- Confidence in handling the levers required to expertly guide the wellbeing and performance of your team, knowing you are leaving nothing on the table

Visit our website, or contact us at hello@eyeyou.io to talk more, or for a free quote.