

Psychosocial Consultations & Assessment

The competitive advantage of workplace mental health

FORMAT

Hybrid [mix of in person and remote work | project-dependent]

DURATION

4 – 8 weeks + (project and scope dependent)

AUDIENCE

- Executive Leadership & Boards
- People, Culture & Talent Leaders
- HR Directors
- Business Owners - Small Businesses

CONTACT US

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\$10T

(yes, Trillion) cost to the world economy annually through low engagement, driven largely by psychosocial hazards (Gallup 2026)

OVERVIEW

We have grown our understanding of psychological strain and stress at work, with an ever-growing body of knowledge and research on the impact that our workplaces, work rules, work design, environment, collaboration, communication, and leadership behaviour, can and do have on our physical and mental health. Accompanying this in Australia are somewhat new employment law obligations that expand our responsibilities, giving us just as much responsibility (positive duty) over our team's psychosocial safety just as much as their physical safety. Every business owner and responsible officer of any undertaking in Australia is now obligated to integrate and conduct risk assessments, including a structured employee and team member consultation, and in some cases more detailed evidence and documentation.

eyeYou's Psychosocial Consultations provide you with an easy to read and use roadmap of your psychosocial hazards, risks, and pockets of strength and resilience. More than a simple list of negative findings to 'address', a consultation report will guide the development and focus - and be included as a component of - a rigorous Risk Assessment process

WHAT YOU'LL GAIN

- Practical understanding of the psychosocial hazards, and risks, and how they can show up in our work, spaces, and processes
- Insight into our legal obligations for psychosocial risk and mentally healthy workplaces in Australia, and individual jurisdictions
- Unmatched insight into pockets of psychological distress and strain for our teams, what is driving it, and how best to meet these challenges to our mentally healthy workplace according to the hierarchy of controls

RESOURCES & SUPPORT

- Fully detailed in-depth report and mapping of key hotspots of psychosocial hazard and risk for your team/organisation, with bespoke roadmap to guide control implementation, while identifying areas of greater focus for ongoing Psychosocial Risk Assessment
- Ongoing access to eyeYou resources, personalised and curated for your team and project to support culture initiatives

Importantly - an eyeYou Psychosocial Consultation informs and forms a necessary component of a more fulsome and in-depth Psychosocial Risk Assessment; it will not by itself meet the full legislative requirements of a valid and reportable full Psychosocial Risk Assessment

Visit our website, or contact us at hello@eyeyou.io to talk more, or for a free quote.