

Team Performance Coaching

Build integration and high-performance dynamics across your team

FORMAT

Flexible [in person | virtual | mixed]

DURATION

60 - 90 mins per session
~ 6 sessions per program

AUDIENCE

- Teams & Staff Cohorts

CONTACT US

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29%

higher profit with team coaching, through applying systems thinking to teams, along with dropping turnover (59%) and absenteeism (41%) (Fernández Castillo et al. 2024)



OVERVIEW

One of humanities greatest strengths is its ability to collaborate and support each other, to achieve incredible and audacious goals. It is no surprise then that one of the 6 levers directly relates to how we form relationships, influence, and interact with others. Every human being in your team has, and provides, value - the highest performing teams see and embrace this value, especially when manifested in differences and unique abilities, and employ diversity of skillset as a competitive advantage. Seeing our teammates through the lens of empathy and understanding is one of the clearest and quickest ways to sustainably create and strengthen trust - and trust is mandatory to achieve the highest peaks of performance.

WHAT YOU'LL GAIN

- Working, practical knowledge of the 6 levers of human performance and what that looks like for your team, and how these levers can show up in our culture, leadership, behaviour, performance, and group/team/business behaviour
- Unmatched insight into your team strengths in performance, and where performance levers require focus and attention
- A framework to guide your decisions, communicate effectively with the team, and how to deliberately and strategically manage workflows and delegations to build sustainable performance

RESOURCES & SUPPORT

- Personalised development map for the team, with check-in prompts
- Ongoing access to eyeYou resources, personalised and curated for your team, to guide specific concrete processes (challenging conversation guides, cheat sheets and formats for conducting effective one-on-ones, etc) and reinforce learnings

KEY OUTCOMES

- Enhanced team productivity, profitability, and performance outcomes
- Significantly improved wellbeing at the individual and team level.
- Reduced turnover, enhanced engagement, and minimise absences and illness
- Enhanced relationships between team members, and with leadership
- Facilitation of strong leadership pipeline, and self-leadership of individual contributors

Visit our website, or contact us at hello@eyeyou.io to talk more, or for a free quote.